



# TRIBES

## Parties



**EVERY CHILD DESERVES  
A MAGICAL BRITHDAY!**



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## Parties

### Our party partners

**Oscar's Den:** Founded in 1983 as a family-run business, Oscar's Den Party Shop has evolved into London's leading party and balloon store, situated at Clifton Hill near Abbey Road. Recognized as 'Party Retailer of the Year', they offer a comprehensive range of supplies for all celebrations, from children's parties to niche events like baby showers and hen nights. Their store stocks everything from balloons and decorations to themed accessories, ensuring they cater to all occasions. Whatever your party needs, they have everything you're looking for!

**The Dance 'N' Party People:** Specialize in throwing the ultimate Dance & popstar parties for kids who love dance & party! Every party is personalized to suit the occasion and led by professional performers working in and around the West End, with years of party-leading experience & an abundance of the 'Fun Factor'!

**Froyo On the Go:** Indulge in a swirl of delight on wheels! Their mobile frozen yogurt trailer brings the— cool vibes to you, proudly serving nut-free, gluten-free, vegan-friendly, and other delicious forms of frozen yogurt (made from fresh Greek yogurt - no artificial flavourings!) and sorbet flavours. Creamy goodness served with a smile – sweet moments await! Perfect for parties.



For more information  
email us: [info@tribes.fit](mailto:info@tribes.fit)



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Ready to party?

**Book now and let the fun begin!**



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## Introducing TRIBES Parties

Our chic personal training gym doubles as an exclusive venue for hire, featuring a generously sized studio perfect for hosting unforgettable kids' parties and other events.

The space is secure and self-contained, ensuring your children can explore safely, with restrooms conveniently close by.

Although there is no parking on-site, there is ample off-street parking and nearby tube stations, so you and your guests can easily reach us.

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## The details

### Bronze

Studio hire  
£200 an hour

Minimum of 2 hours hire

20 children and parents

**£400**

### Silver

**Bronze plus:**  
Full décor  
Table/chair  
Party bags by Oscars Den

Maximum 3 hours hire

20 children and parents

**£700**

### Gold

**Bronze + Silver plus:**  
Entertainment  
Food  
Drinks  
Celebratory cake } Choice  
of three flavours

Maximum 3 hours hire

20 children and parents

**£900**

## Complementary services

*Prices available on request*

- **Froyo On the Go** : Frozen yoghurt cart
- **Dance 'N' Party People** : Entertainment

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### Snacks & refreshments

#### **We can plan the menu for you**

We will ensure the children remain well-nourished and hydrated throughout the event. Every package includes complimentary soft drinks for everyone!

Explore some of the options available to you with our *sample menu* below:

#### **Bites**

Carrot sticks, cucumber sticks and hummus, crisps with a variety of flavours, party ring biscuits, and a mix of fruits.

#### **Main meal**

Pizzas upon application. Alternative main meals also available; please contact us for more information on [info@tribes.fit](mailto:info@tribes.fit).

#### **Drinks**

Bottled water and fruit juices.



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## The Icing on the Cake

What's a children's party without a dash of sprinkles?

**Birthday cake:** Choice of - Sprinkles cake with vanilla frosting, chocolate fudge cake, or red velvet.

**Froyo on the Go** (frozen yogurt): For the little ones and grown-ups to enjoy!

Yoghurt with a variety of toppings to choose from - strawberries, blueberries, smarties, jelly babies, and sprinkles.

You can also choose to add chocolate or strawberry sauce.



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**TRIBES**  
Parties



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